

Are you taking medicine for **opioid use disorder** and are **pregnant or thinking about having a baby?**

Talk to your healthcare team if you are or are trying to become pregnant. **Speak with your medical provider before you make any changes in your medication.** Your doctor and therapist can help you have a healthy pregnancy and a healthy baby.

Notify your healthcare team as soon as you become pregnant.

You can **continue taking methadone or buprenorphine for opioid use disorder** while pregnant. When managed by your doctor, these medicines can be part of a healthy pregnancy. Many women and their babies do well while continuing medicine during pregnancy.

Opioid use disorder is manageable. **Medicine and behavioral therapy or counseling** during your pregnancy can **lead to a healthy pregnancy and a healthy baby.**

Being **stable in recovery** is the best chance for having a healthy baby. You should not use any illicit drugs or alcohol before and during your pregnancy.

If you don't want to become pregnant, talk to your care team about family planning options.



SAMHSA

Substance Abuse and Mental Health
Services Administration

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.
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HHS Publication No. (SMA) 19-5094-PO

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